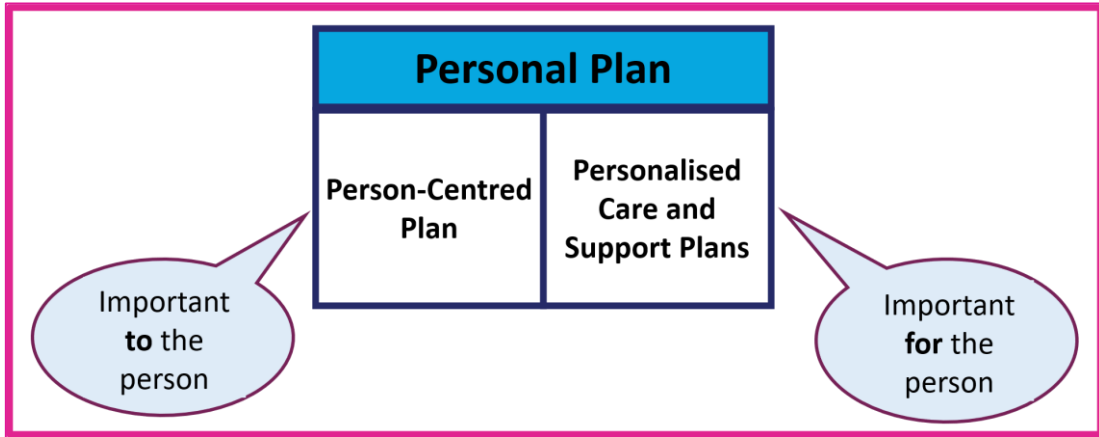


# Understanding the difference between the Person-Centred Plan and Personalised Care and Support Plans

The Personal Plan comprises the 'person-centred plan' and 'personalised care and support plans'.



## The Person-Centred Plan

- Focuses on dreams and wishes - what is important **to** the person who owns the person-centred plan
- Describes a vision of a more positive future for the person
- Enables the person to make informed choices about how they want to live their life
- Supports community engagement and active citizenship
- A Circle of Support may assist with the development of this plan.



## Personalised Care and Support Plans

- Focus on the person's everyday needs - what is important **for** the person who owns the person-centred plan
- Describe the supports the person needs to stay healthy, safe and well
- Inform and facilitate the development of the person-centred plan
- Ensure the person is in the best possible place to make important life decisions
- A Multi-Disciplinary team may assist with the development of these plans.



[www.hse.ie/newdirections](http://www.hse.ie/newdirections)

For more information, please see the National Framework for Person-Centred Planning in Services for Persons with a Disability and A Guide to Understanding the Difference between the Person-Centred Plan and Personalised Care and Support Plans.